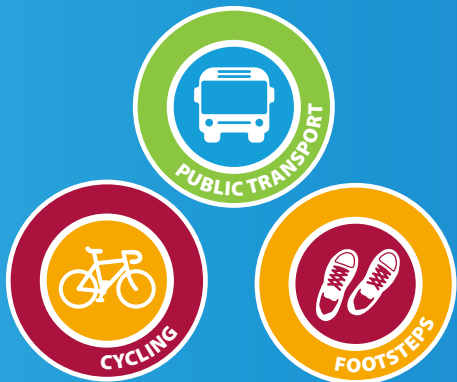


Travel to Sir Thomas Boughey



**Please use this
bespoke travel map to
plan your active travel
journey to school.**



@ActiveTravelStaffs

@ActiveStaffs

activetravelstaffs

www.staffordshire.gov.uk/activeschooltravel

Designed by Pindar Creative www.pindarcreative.co.uk

Plan your trip – for time and safety

Plan your school journey using the map provided. If you have a School Crossing Patrol or other safe crossing points on your route, use these and take care on the road. Don't get distracted by friends, phones or music.



Modeshift STARS Travel Plan

Modeshift STARS is a national schools' award scheme. It recognises schools who demonstrate excellence in supporting walking, cycling and other forms of sustainable travel.

www.modeshiftstars.org



Walk to School

Students that walk to school feel healthier and more alert, getting regular daily exercise. Could you walk to school?

Give it a try and you could feel these benefits:

- More time with friends.
- Ready for lessons at the start of the day, and time to unwind at the end.
- Increased independence through school years.
- It's free, save some money.
- Good for the environment and you could find out more about your local area.
- You will be fitter and healthier.

Cycle & Scoot to School – quick and easy

Cycling and scooting is fun and fast, you will benefit in all the same ways as walking to school. Ask at school about storage for your kit.

Student top tips:

- Plan and practice your route, using cycle paths where they are available.
- Be safe and be seen by wearing visible clothing. School uniform is often very dark – try choosing a brighter bag.
- Always look and listen, especially when sharing roads or paths with other users and at crossing points.
- Check your bike or scooter before using and secure it safely.
- Remember your Bikeability training. If you need training, ask your school for more information and check out www.bikeability.org.uk for more top tips.



Park and Stride – don't get stuck

If you don't live within walking distance to school, you might have to travel part of the way by car. Find a good drop off point, that is safe and allows you to walk or scoot the final part of the journey.

Parking on yellow or white lines, blocking drives or crossings makes it difficult for students to cross safely. Don't park close to the school or leave the engine running – idling is dangerous for other road users and pedestrians. An engine running for 1 minute can fill 150 balloons with pollution. Be Air Aware and school site friendly.

It is often quicker to meet a parent/carer away from the school rather than sit in traffic.

**Walk, Cycle
and Scoot
to school
when you
can**

**Doing
Our
Bit.info**

**ACTIVE
TRAVEL**

